Step#3 use "EyeDropper" and pick a colour to highlight

Step#2 change "Overlay"

Step#1 Add new "Layer"

Step#5 in colour menu, slide the slider to lighter colour.

Step#4 Click on colour Picket

Step#6 Pick "Brush" and highlight selected area.

Redo other colours and highlights are required

Step#7 adjust "Opacity" to blend in the "painted" highlight